

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Richard Howard**

Has successfully participated & completed the

**Solo Bull Cowhouse Cross Duathlon 2017 #4**

held at Cowhouse Market.

**TIME 02:10:40**

**PACE 04:30/km**

**OVERALL 9 of 40**

**GENDER 9 of 31**

**40 - 49 4 of 9**

06 August 2017, Sun

Date



*BoutTime*

Signature

